

## Occupational Stress Personality Traits Coping Strategies

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### **Occupational Stress Personality Traits Coping**

Occupational Stress, Personality Traits, Coping Strategies, and Suicide Ideation in the South African Police Service Jacobus Pienaar, Sebastiaan Rothmann, and Fons J. R. van de Vijver Criminal Justice and Behavior 2007 34 : 2 , 246-258

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### **(PDF) Occupational Stress, Personality Traits, Coping ...**

Past research on personality and the occupational stressor-strain relationship has examined traits independently (nomothetic approach) rather than interactively (idiographic approach). The current research examined the combined/interactive effect of the Big Five traits in predicting stress, coping, and strain among 211 managers.

### **Occupational stress, coping and strain: The combined ...**

SUICIDE IDEATION, OCCUPATIONAL STRESS, PERSONALITY TRAITS, AND COPING Many factors may contribute to suicide ideation of police officers, including stressors in the work situation, factors outside...

### **OCCUPATIONAL STRESS, PERSONALITY TRAITS, COPING STRATEGIES ...**

Personality is perhaps the more pervasive, in that it may influence stressor exposure, cognitive appraisal, coping, physiological reactivity and susceptibility to stress-related illness and disease (Code & Langan-Fox, 2001).

### **Occupational stress, coping and strain: The combined ...**

Both the police and spouses reported using four coping activities in response to their own stressors: problem focused, emotion focused, religiosity, and rugged individualism. Three potential police strains previously noted in non-empirical literature were given special attention; divorce potential, drinking behavior, and suicide thoughts.

### **Occupational stress: Coping of police and their spouses ...**

Negative personality traits (e.g., hostility) were present in both professions, but were highlighted in male performers. The men used fewer rational/cognitive coping skills, had less social support, and reported more symptoms associated with poor health.

### **Personality and Occupational Stress in Elite Performers**

Personality traits such as neuroticism, psychoticism, and extroversion and coping methods like negative distraction and denial/blame showed statistically significant association ( $P < 0.05$ ) with psychological stress. The most commonly used coping methods across the sample were social support (72.55%), acceptance/redefinition (64.72%), and problem solving (60.46%).

### **A Psychological Study of Stress, Personality and Coping in ...**

Personality consistently influences stress appraisal and coping and consequently the development of burnout. Neuroticism, negative affectivity and cooperativeness all contribute to burnout.

### **Occupational stress, burnout and personality in ...**

In this preliminary study, we found that personality characteristics are linked with occupational stress in MS patients. Those with high Neuroticism, and low Extraversion and Conscientiousness, are identified as risk factors for employment problems, consistent with prior work in MS.

### **Occupational stress and personality traits in multiple ...**

Neuroticism was positively correlated with occupational stress and negatively correlated with job satisfaction and QOL. A strong direct effect ( $-0.386$ ,  $P < 0.01$ ) and moderate indirect effect ( $-0.133$ ,  $P < 0.01$ ) of neuroticism on QOL mediated by occupational stress and job satisfaction were observed.

### **Mediating role of occupational stress and job satisfaction ...**

CiteSeerX - Document Details (Isaac Council, Lee Giles, Pradeep Teregowda): The objective of this study is to determine whether suicide ideation among uniformed police officers of the South African Police Service could be predicted on the basis of occupational stress, personality traits, and coping strategies. Using a cross-sectional survey design, the Adult Suicide Ideation Questionnaire ...

### **OCCUPATIONAL STRESS, PERSONALITY TRAITS, COPING STRATEGIES ...**

A third model supported these findings, but showed that the personality dimensions of neuroticism and extraversion were the strongest predictors of an officer's PQOL. It was also shown that problem-focused coping resulted in positive work experiences, whereas emotion-focused coping contributed to negative work experiences.

### **Police stress and well-being: Integrating personality ...**

In addition to describing the process by which stress leads to mental and physical health problems, the ISR model proposes that each step in this process may be affected by characteristics of the individual (e.g., demographic characteristics, personality traits), as well as the interpersonal relations within the individual's work environment.

### **Stress Models and Theories - IResearchNet**

Individual differences in coping are often explored through the role of the 'Big Five' personality traits (including, extraversion, agreeableness, conscientiousness, neuroticism, and openness to experience).

### **Individual differences: Personality, coping styles ...**

Our aim was to ascertain, by means of a longitudinal study, whether changes in occupational stress can be predicted by some personality traits, which could thereby become potential targets of therapeutic interventions. This study describes the longitudinal results of a previous work on occupational stress and personality traits in MS patients.

### **Can personality traits influence occupational stress in ...**

We posit that personality research offers intriguing insights into career selection, coping, and resilience for workers in critical occupations. Examining factors that reduce risk and promote resilience for these multiple-stressor occupations has the potential to inform research and policies that better meet the needs of employees and their ...

### **Occupational stressors and resilience in critical ...**

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