

Understanding Shiva Sri Sri Ravi Shankar

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Understanding Shiva Sri Sri Ravi because Shiva is the summum bonum of the whole creation. That is why Shiva's body is depicted in blue because blue signifies the sky; the all pervading infinity which has no limits, and no shape. The consciousness which is bliss and innocence, the consciousness which is the bestower of dispassion - is Shiva.

Understanding Shiva - Sri Sri Ravi Shankar

Understanding Shiva tries to put forward the various stories and fables around this mystic God of destruction featured in so many Indian rituals. One of the holy trinities of Hinduism, this book tries to address various questions around this persona: a deity with many forms faces and depictions, it tries to collate and put forward various stories that relate to the Shiva Tattva - the concept of Shiva himself.

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He can be understood through the knowledge of the shrutis* that you hear deep in meditation. Only through meditation; through the depth of the wisdom of the shrutiscan you understand. To understand Shiva the ancient Rishis recommended 4 steps: 1. Anavopaya- disciplining the ego 2. Anava- meditation 3.

Understanding Shiva - Portall

- Gurudev Sri Sri Ravi Shankar It is believed that Mahashivratri is a time of deep rest for the body, mind, and ego; a deep rest that awakens a devotee to the highest knowledge of the Shiva Tattva. It is considered as an auspicious day for spiritual growth and material attainment.

Maha Shivratri - Valdic Dharma Sansthan

Mahashivratri is the day of Shiva. Wherever there is beauty, truth, and benevolence, there is Shiva. And, there is no place where the Shiva principle is absent. But, Shiva is not a person.

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Wisdom By Gurudev Sri Sri Ravi Shankar

Sri Chakra is the body of Shiva and Shakti. Sri Chakra is compared to a human body and Shiva and Shakti are compared to the soul within. Sri Chakra is full of life and energy and should be worshipped with great reverence. Any god or goddess can be worshipped in Sri Chakra, as all of them have a place in it. The book has three sections.

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Maha Shivaratri 2020 | Gurudev Sri Sri Ravi Shankar

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Divine Mother abides in Sri Chakra. This is also known as Sri Yantra and Chakra-raja. This is the most supreme amongst all the yantra-s. Uttara bhag (the chapter containing the benefits of recitation, also known as phalashruti) of Lalita Trishati elucidates Sri Chakra in a comprehensive manner. Sri Chakra is the body of Shiva and Shakti.

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Frequently referred to simply as "Sri Sri" (honorific) or as GuruRavi Shankar usually known as Sri Sri Ravi Shankar, born Ravi Shankar Ratnam, on May 13, 1956, in Tamil Nadu, India, is a spiritual leader and founder of the Art of Living Foundation (founded 1982), which aims at relieving both individual stress and societal problems and violence, and which is an NGO with UNESCO consultative status.

Shiva Sutras by Sri Sri Ravi Shankar - Goodreads

Shiva Sutra are 77 aphorisms that form the foundation of Kashmiri Shaivism. There is the Sanskrit verse, its transliteration and English explanation. It is the English translation of discourse given by Sri Sri RaviShankar in Kannada. It is so simple that anybody can understand the essence of Shiva Sutra.

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